



OBTH
SPRINGFIELD, KENTUCKY

Sunrise Children's Services One Bridge To Hope Campus

Committed to equipping young women with the confidence, skills, and support networks they need to thrive as independent, empowered adults.

At OBTH we are empowering young women and bridging the gap from foster care and residential treatment to adulthood. This unique residential program is dedicated to supporting teens and young adult females as they navigate the critical transition from foster care or traditional residential treatment to independent adulthood. Rooted in a strengths-based and trauma-informed approach, our mission is to foster resilience, personal growth, and lifelong success. We provide a safe, nurturing environment where each participant is encouraged to discover her strengths, pursue her dreams, and develop essential life skills for a confident and empowered future. Conveniently located on a beautiful campus in Springfield, KY.

Specializing In:

- Comprehensive independent living skills training, including budgeting, cooking, household management, and self-advocacy
- Personalized educational support and guidance for continuing high school, pursuing higher education, or exploring vocational pathways
- Trauma-informed mentoring and emotional wellness groups to build resilience and self-esteem
- Guided practice in real-world scenarios, such as job searching, interviewing, and navigating public resources
- Individualized goal setting with ongoing support to track progress and celebrate achievements

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